CLARKE COUNTY ELEMENTARY SCHOOL MENU

Monday Mequesqua TUESdOY thursday Friday SPRING BREAK VACATION 12 Hot Dog* Popcorn Chicken* & Roll* Grilled Cheese Sandwich* Asian Chicken* & Roll* Cheese or Pepperoni Pizza* Cheesy Breadsticks* & Marinara Sloppy Joe Sandwich* Mandarin Orange Chicken & Mini Cheese Ravioli* w/ Pesto & PBJ Sandwich* Brown Rice* Breadstick* Potato Wedges Herb-Roasted Potatoes Carrot Sticks Celery Sticks w/ Ranch **Edamame Succotash** Hummus Bento* Baked Beans Green Beans Navel Orange Wedges Steamed Broccoli Steamed Kernel Corn Seasonal Fresh Fruit Apple Wedges Mandarin Oranges Applesauce Cup Banana Garden Salad Craisins/Raisins Freshly-baked Cookie* **Peaches** Grapes Fruit Salad Breakfast Breakfast **Breakfast Breakfast** Breakfast Ooey Gooey Cinnamon Toast Bar* Sausage Biscuit* Colby Cheese Omelet & Croissant* Chicken Biscuit* Breakfast Pizza* Cereal & Crackers* Yogurt & Granola* Cereal & Crackers* Yogurt & Dunkin Stick* Glazed Yeast Donut* Hamburger/Cheeseburger* Crispy Chicken Bites* & Roll* Beef Taco Pizza* Manager's Choice Cheese or Pepperoni Pizza* Cheesy Breadstick Bites* & Donderos' Chicken Fajitas* Italian Deli Sandwich* Rotini* & Marinara w/ Meatballs & BYO Pizza Bento* Marinara Back 2 Basics Bento* Steamed Fresh Broccoli Garlic Bread* Potato Smiles Shredded Lettuce & Salsa Assorted Fresh Vegetables & Dip Steamed Kernel Corn Mini Carrots w/ Ranch Mashed Potatoes Green Beans Pinto Beans Banana Garden Salad Seasonal Fresh Fruit Apple Wedges **Navel Orange Wedges** Pears Grapes Craisins/Raisins Tropical Fruit Salad **Applesauce** Peaches Freshly-baked Cookie* **Breakfast Breakfast Breakfast** Breakfast **Breakfast** Donut* & Yogurt Tube Mini Pancakes* Sausage Biscuit* Manager's Choice Chicken Biscuit*

→ Manager's Choices will be selected by your school's SN Manager.

Yogurt & Granola*

- ⇒ *Denotes menu items that are at least 50% whole grain or contain grain/ bread items that are at least 50% whole grain.
- ⇒ Menu choices are subject to change due to manufacturer & vendor shortages.

Cereal & Crackers*

- → Many items that are traditionally beef or pork-based are actually chicken or turkey-based in our school settings. Contact us to learn more.
- Fresh fruit options may be shifted during the week to allow for proper ripening. Our goal is to serve fruit when it is ready, so that our students learn to love it when it is at its best!
- At breakfast, students are offered 4oz. 100% fruit juice, fruit of the day, and a choice of milk daily.

National Pichic Day is Tuesday, April 23rd

Yogurt & Mini Donut*

Pichics are a great way to get together with friends and family while enjoying the sunshine and outdoors, so grab a blanket and pick up or prepare some delicious food and ENJOY a hice meal outside!

Places to Picnic in and around

Cereal & Crackers*

ATHENS:

- Sandy Creek Park
- The State Botanical Garden of Georgia
- Memorial Park

- UGA'S North Campus
- North Oconee River Park
- Lake Herrick
- Dualey Park
- Trail Creek Park
- Ben Burton Park



Cereal & Crackers*

CLARKE COUNTY ELEMENTARY SCHOOL MENU

Monday tuesday Meguesqua thursday Friday

Oven-Fried Chicken* & Roll* Mini Cheese or Pepperoni Calzones* & Marinara Mashed Potatoes Green Beans **Apple Wedges** Pears

Pork Tostada* Vegetable Quesadilla* **Hummus Bento*** Roasted Corn & Peppers Charro Beans Navel Orange Wedges Applesauce Cup

Chicken Tenders* & Waffle* Yogurt, Cheese, & Freshly-baked Muffin* Potato Rounds Carrot Sticks w/ Ranch HOTM: Strawberries w/ Kiwi Mandarin Oranges Homemade Blueberry Sauce

Cheese or Pepperoni Pizza* Meatball Sub Sandwich* Ants on a Log Bento* Steamed Fresh Broccoli Garden Salad Fruit Cup (peach or mixed berry) Freshly-baked Cookie*

Crispy Chicken Sandwich* Manager's Choice Crinkle Cut Fries Assorted Fresh Vegetables w/ Dip Seasonal Fresh Fruit Craisins/Raisins

Breakfast Mini Cinnis* Cereal & Crackers*

Breakfast Sausage Biscuit* Yogurt & Granola

Breakfast Muffin* & Cheese Cereal & Crackers*

Breakfast Chicken Biscuit* Yogurt & Dunkin Stick*

Breakfast Manager's Choice Glazed Yeast Donut*

Chicken Tenders* & Roll* Garlic & Herb Cheese Pull Aparts* & Marinara Loaded Mashed Potatoes Steamed Broccoli Apple Wedges Peaches

Breakfast

Manager's Choice

Cereal & Crackers*

"BYO" Cheese Nachos* Bean & Cheese Burrito* **Hummus Bento*** Bell Pepper Strips w/ Ranch Spicy Black Beans Navel Orange Wedges Fruit Salad Fixings: Black Olives, Salsa, & Cilantro

Breakfast Sausage Biscuit* Blueberry Yogurt Parfait* May 1 Scrambled Eggs & Biscuit* French Toast Sticks* & Sausage Potato Rounds Assorted Fresh Vegetables w/ Dip Banana Fruit Cup (peach or mixed berry) Yogurt Dip

> Breakfast Cinnamon Roll* Cereal & Crackers*

Mav 2 Cheese or Pepperoni Pizza* Vegetable Lasagna* & Garlic Breadstick* Ants on a Log Bento* Orange-Glazed Carrots Garden Salad Grapes Applesauce

> **Breakfast** Chicken Biscuit* Yogurt & Mini Donut*

May 3 Macaroni* & Cheese w/ Roll* BBQ Pork Sandwich* Cauliflower Popcorn **Baked Beans** Seasonal Fresh Fruit Craisins/Raisins

> Breakfast Breakfast Tacos* Donut* & Yogurt Tube

HARVEST OF THE MONTH:

SWEANBERE BES

- Strawberries are in season in Georgia from April to June.
- They grow on low-lying plants that spread by runners, which are stems that grow out and produce a new plant.
- ⇒ They are the ONLY fruit with seeds on the OUTSIDE



HOW POLLINATORS HELP!

Did you know that certain Plants rely entirely on insect pollinators, including bees to produce their fruits and vegetables? There are at least 130 fruit and vegetable crops that need insects for pollination,

HERE IS A SHORT LIST:

APPIES* Asparagus Avocado Blueberry Broccoli* Carrot* Cauliflower celery* Cucumber* Kiwi Squash

MERITS OF LOCAL HONEY If you suffer from allergies. then enjoying some sweet and delicious Georgia honey may help boost your immunity!

Find Georgia Honey here. https://georgiagrown.com/findgeorgia-grown/specialty-Products/honey-syrups/

CLARKE COUNTY MIDDLE SCHOOL MENU

Monday Mequesqua thursday tuesday Friday

SPRING BREAK VACATIO

Nashville Hot Chicken* & Roll* Cheesy Breadsticks* & Marinara Entrée Salad* Herb-Roasted Potatoes Green Beans **Apple** Mandarin Oranges

Breakfast Ooey Gooey Cinnamon Toast Bar*

Cereal Cup*

Cereal Cup*

Grilled Cheese Sandwich* **BBQ Riblet Sandiwch*** Entrée Salad* Carrot Sticks Celery Sticks w/ Ranch Navel Orange Applesauce Cup

Breakfast Sausage Biscuit* Yogurt & Granola*

Beef Taco Pizza* Donderos' Chicken Fajitas* Entrée Salad* Shredded Lettuce & Salsa Pinto Beans **Navel Orange** Applesauce

> Breakfast Sausage Biscuit*

Asian Chicken* & Roll* Mandarin Orange Chicken & Brown Rice* Entrée Salad* **Edamame Succotash** Steamed Broccoli Banana Peaches

Breakfast Colby Cheese Omelet & Croissant* Cereal Cup*

Cheese or Pepperoni Pizza* Rotini* & Meatballs in Marinara w/ Garlic Bread* Entrée Salad* Steamed Kernel Corn Garden Salad Grapes Tropical Fruit Salad Breakfast Chicken Biscuit*

Yogurt & Dunkin Stick*

Spicy Chicken Sandwich* Hot Dog* Entrée Salad* Potato Wedges Baked Beans Seasonal Fresh Fruit Craisins/Raisins Freshly-baked Cookie* Breakfast Breakfast Pizza* Glazed Yeast Donut*

Crispy Chicken Bites* & Roll* Cheesy Breadstick Bites* & Marinara Entrée Salad* Mashed Potatoes Steamed Fresh Broccoli Apple Tropical Fruit Salad Breakfast Mini Pancakes*

Yogurt & Granola*

Manager's Choice Hot Honey Chicken Croissant* Entrée Salad* **Sweet Potato Wedges** Ouick Pickled Cucumbers Banana Pears Freshly-baked Cookie* **Breakfast**

Manager's Choice Cereal Cup*

Cheese or Pepperoni Pizza* Mini Cheese Ravioli w/ Pesto & French Roll* Entrée Salad* Steamed Kernel Corn Garden Salad Grapes Peaches

Breakfast Chicken Biscuit* Yogurt & Mini Donut*

Hamburger/Cheeseburger* PBJ Sandwich* Entrée Salad* Cheese Stick Potato Sidewinders Mini Carrots w/ Ranch Seasonal Fresh Fruit Craisins/Raisins **Breakfast**

Donut* Cereal Cup*

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CLARKE COUNTY MIDDLE SCHOOL MENU

Monday tuesday Wednesday Friday thursday

Oven-Fried Chicken* & Roll* Mini Cheese or Pepperoni Calzones* & Marinara Entrée Salad* Mashed Potatoes Green Beans **Apple** Pears

Pork Tostada* Vegetable Quesadilla* Entrée Salad* Roasted Corn & Peppers Charro Beans Navel Orange Applesauce Cup

Breakfast

Sausage Biscuit*

Yogurt & Granola

Chicken Tenders* & Waffle* Yogurt, Cheese, & Freshly-baked Muffin* Entrée Salad* Potato Rounds Carrot Sticks w/ Ranch HOTM: Strawberries w/ Kiwi Mandarin Oranges Homemade Blueberry Sauce **Breakfast** Muffin* & Cheese Cereal Cup*

Cheese or Pepperoni Pizza* Meatball Sub Sandwich* Entrée Salad* Steamed Fresh Broccoli Garden Salad Grapes Fruit Cup (peach or mixed berry) Freshly-baked Cookie*

> Breakfast **Breakfast** Chicken Biscuit* Scrambled Eggs & Grits Yogurt & Dunkin Stick* Glazed Yeast Donut*

Breakfast Mini Cinnis* Cereal Cup*

Breakfast

Manager's Choice

Cereal Cup*

"BYO" Cheese Nachos* Chicken Tenders* & Roll* Garlic & Herb Cheese Pull Aparts* Beef & Queso Nachos* & Marinara Entrée Salad* Loaded Mashed Potatoes Steamed Broccoli **Apple** Peaches

Entrée Salad* Bell Pepper Strips w/ Ranch Spicy Black Beans Navel Orange Tropical Fruit Salad Fixings: Black Olives, Salsa, Fresh Jalapenos & Cilantro **Breakfast** Sausage Biscuit*

Blueberry Yogurt Parfait*

May 1 Spinach & Egg Frittata & Biscuit* French Toast Sticks* & Sausage Entrée Salad* Potato Rounds Assorted Fresh Vegetables w/ Dip Fruit Cup (peach or mixed berry) Yogurt Dip

> Breakfast Cinnamon Roll* Cereal Cup*

Mav 2 Cheese or Pepperoni Pizza* Vegetable Lasagna* & Garlic Breadstick* Entrée Salad* Honey Thyme Carrots Garden Salad Grapes Applesauce

> **Breakfast** Chicken Biscuit* Yogurt & Mini Donut*

Crispy Chicken Sandwich* Fish Sticks* & French Roll* Entrée Salad* Crinkle Cut Fries Assorted Fresh Vegetables w/ Dip Seasonal Fresh Fruit Craisins/Raisins

May 3 Macaroni* & Cheese w/ Roll* BBQ Pork Sandwich* Entrée Salad* **Roasted Cauliflower Baked Beans** Seasonal Fresh Fruit Craisins/Raisins

> Breakfast Glazed Yeast Donut* Cereal Cup*

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HIGH SCHOOL MENU

MONDAY, APRIL 8

Crispy Chicken Bites* & French Roll* Cheese or Pepperoni Calzones* & Marinara

Sides: Mashed Potatoes Green Beans Seasonal Fresh Fruit Tropical Fruit Salad

TUESDAY, APRIL 9

Rotini* & Meatballs w/ Marinara & Garlic Breadstick* Assorted Selection of Pizza*

Sides: Roasted Cauliflower w/ Thyme Garden Salad Mini Carrots & Ranch Seasonal Fresh Fruit Peaches

WEDNESDAY, APRIL 10

Manager's Choice Assorted Selection of Pizza*

Sides: **Baked Potato** Broccoli & Cheddar Assorted Fresh Vegetables w/ Dip Seasonal Fresh Fruit **Applesauce** Freshly-baked Cookie*

THURSDAY, APRIL 11

Asian Chicken* & Roll* Mandarin Orange Chicken & Rice*

Sides: **Edamame Succotash Honey Thyme Carrots** Assorted Fresh Vegetables & Dip Seasonal Fresh Fruit

FRIDAY, APRIL 12

Spicy Chicken Sandwich* BBQ Pork Riblet Sandwich*

Potato Sidewinders Coleslaw **Baked Beans** Seasonal Fresh Fruit Dried Cranberries/Raisins

LUNCH SPECIALS MONDAY, APRIL 15

Buffalo Chicken Tenders* & French Roll* Cheesy Breadsticks* & Marinara

Sides: Herb-Roasted Potatoes Seasoned Green Beans Carrot Sticks & Ranch Seasonal Fresh Fruit **Mandarin Oranges**

TUESDAY, APRIL 16

Donderos' Kitchen Chicken Fajitas* Vegetable Quesadilla* Pork Tostada*

Sides: Pepper & Onion Sauté Shredded Lettuce, Guacamole, & Salsa Charro Beans Seasonal Fresh Fruit Pineapple Fixings: Jalapenos, Cilantro & Black Olives

WEDNESDAY, APRIL 1/

Oven-Fried Chicken* & French Roll* Assorted Selection of Pizza*

Sides: Macaroni* & Cheese Roasted Broccoli Garden Salad* Seasoned Black-eye Peas Seasonal Fresh Fruit **Pears**

THURSDAY, APRIL 18

Meatball Sub Sandwich* Assorted Selection of Pizza* Sides: Steamed Kernel Corn Garden Salad Assorted Fresh Vegetables & Dip Seasonal Fresh Fruit Fruit Cup (peach or mixed berry) Freshly-baked Cookie*

FRIDAY, APRIL 19

Crispy Chicken Sandwich* Hot Dog*

Sweet Potato Wedges Assorted Fresh Vegetables w/ Dip Coleslaw Seasonal Fresh Fruit **Dried Cranberries/Raisins**

MONDAY, APRIL 22

Nashville Hot Chicken* & French Roll* Assorted Selection of Pizza*

Sides: **Green Beans** Carrot Sticks Celery Sticks w/ Ranch Seasonal Fresh Fruit Pears

TUESDAY, APRIL 23

Beef Taco* Street Chicken Taco* Bean & Cheese Burrito* Sides:

Roasted Corn & Peppers Shredded Lettuce, Salsa, & Guacamole Charro Beans Seasonal Fresh Fruit Peaches Fixings: Cilantro, Jalapenos & Black Olives

WEDNESDAY, APRIL 24

Chicken* & Waffle* Scrambled Eggs & Biscuit*

Sides: Potato Rounds Mini Carrots w/ Ranch Garden Salad HOTM: Strawberries & Kiwi **Applesauce** Homemade Blueberry Sauce

THURSDAY, APRIL 25

Mini Cheese Ravioli* w/ Pesto & French Bread Roll* Assorted Selection of Pizza*

Sides: Steamed Kernel Corn Garden Salad Assorted Fresh Vegetables w/ Dip Fruit of the Day Freshly-baked Cookie*

FRIDAY, APRIL 26

Manager's Choice* Hamburger/Cheeseburger*

Sides: Crinkle Cut Fries Coleslaw Baked Beans Seasonal Fresh Fruit Dried Cranberries/Raisins

BREAKFAST ENTREES:

<u>Mundays</u>

Sausage Biscuit* Mini Cinnis/Frudel* Cereal & Pop Tart*

<u>Sides:</u> Seasonal Fresh Fruit Canned Fruit 100% Fruit Juice Choice of Milk

<u>IUESDAYS</u>

Chicken Biscuit* PBJ Sandwich* Yogurt & Granola*

Sides: Seasonal Fresh Fruit Canned Fruit 100% Fruit Juice Choice of Milk

<u>WEUNESUAYS</u>

Sausage & Egg Croissant * Muffin* w/ Yogurt Cereal & Pop Tart* Coffee Cooler Meal*

<u>Sides:</u> Seasonal Fresh Fruit Canned Fruit 100% Fruit Juice Choice of Milk

<u>IHUKSDAYS</u>

Bacon, Egg & Cheese Biscuit* Mini Pancakes/Waffles* Blueberry Yogurt Parfait*

Sides: Seasonal Fresh Fruit Canned Fruit 100% Fruit Juice Choice of Milk

<u>tkivayy</u>

Glazed Yeast Donut* or Super Donut* Mini French Toast* Cereal Cup* Coffee Cooler Meal*

<u>Sides:</u> Seasonal Fresh Fruit Canned Fruit 100% Fruit Juice Choice of Milk

Everyday Offerings

Power Bowls PB&J Grab and Go Bags Seasonal Fresh Fruit Fruit of the Day @ Breakfast

Beverages

8 oz. Flavored, Non-fat Milk 8 oz. Skim & 1% Milk





HARVEST OF THE MONTH: STRAWBERRIES

- Strawberries are in season in Georgia from April to June.
- They grow on low-lying plants that spread by runners, which are stems that grow out and produce a new plant.
- They are the ONLY fruit with seeds on the OUTSIDE!
- In 2019, the Georgia Farm Gate Value Report listed Georgia's top three strawberry producing counties as: Tift, Meriwether, and Appling.
- Visit Reynolds, GA to attend their annual Strawberry Festival. This year, it will be held on Saturday, April 27th! Reynolds is only about two hours away!

